



Equity Starts Here Challenge

North Carolina Community Action Association

FINAL DAY

Today is the last day of our Equity Starts Here challenge. We hope you've come away with a better understanding of equity, your own beliefs and values, and what inequity looks like in our society. As with everything, the first step to change is understanding ourselves, changing our own behavior and then working to help others change theirs. We hope that as you shared your experiences regarding this challenge with your circle, you found great connection and allyship. Please continue to share your experiences and thoughts with those around you.

Although the challenge is complete, advocating for equity will never be over.

The Final Challenge

Continue to advocate for equity within your own families and communities. And keep learning about equity!

Additional Resources:

Countless resources are available on the topic of better understanding equity. We provided many during the challenge. Following is a list of other resources that we thought you might also find useful.

- [A Better Way: 50+ Action Items to Fight Against Racism In Your Community – Medium](#) (article)
- [Stanford scholars examine systemic racism, how to advance racial justice in America – Stanford](#) (collection of articles)
- [13th - Netflix](#) (documentary)
- [White Fragility - Robin DiAngelo](#) (book)
- [Courageous Conversations about Race - Glenn E. Singleton](#) (book)
- [The Person You Mean to Be: How Good People Fight Bias - Dolly Chugh](#) (book)



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FINAL DAY CONTINUED

- [Unpacking My Baggage: Re-framing Racial Identity – TEDxNorthCentralCollege](#) (video)
- [Race and Racial Identity Are Social Constructs – New York Times](#) (article)
- [How Race Was Made – Scene on Radio](#) (podcast)
- [Cognitive Biases: What They Are and How They Affect People – Effectiviology](#) (article)
- [Let's Talk Bias – PBS](#) (video)
- [Cultural Competence or Cultural Humility? Moving Beyond the Debate – Health Promotion Practice](#) (article)
- [How America Created Its Shameful Wealth Gap - Robert Reich](#) (video)
- [How Judges Can Show Respect – TEDNYC](#) (video)