



Equity Starts Here  
Challenge

North Carolina Community Action Association

## DAY 5: ALLYSHIP

Being an ally means going to war with your ally. Allies don't just say "Well that sucks. Our society is so messed up. Some people are so rude." They provide support by sending troops and supplies and fighting enemies with you. Being a true ally means taking an active part in the discussion, pointing out harmful and inappropriate behavior, and representing the people with whom you're allied when they aren't available to do so themselves.

Today, select one or more of the following to read or view:

- [Guide To Allyship – Guide to Allyship](#) (article)
- [How to Be a Good Ally - Identity, Privilege, Resistance](#) - Ahsante the Artist (video)
- [Allyship - The Key To Unlocking The Power Of Diversity](#) – Forbes (article)

Discussion and Pondering Questions:

- We are all allies in some way. What is one cause or person for which you are an ally?
- What can you change about your allyship?
- Do you want to be an ally?
- Did any of this stand out to you?

Don't forget to share your thoughts with your inner circle today! If you post on social media, be sure to use the hashtag #EquityStartsHereChallenge