



Equity Starts Here  
Challenge

North Carolina Community Action Association

## DAY 2: PRIVILEGE

The notion of privilege may be a sensitive topic for many people. Whether we speak of privilege in terms of race, socioeconomic status, education, or gender, there always seems to be someone more privileged. As a prelude to understanding equity, the concept of privilege must first be understood. And, to truly grasp the concept, we must first understand our own privilege.

Having privilege doesn't mean you don't face hardships or that you didn't work hard to achieve your goals. You can be privileged and also struggle with debt, illness and experience racism. Understanding and facing your privilege is an incredibly difficult, but necessary task, in order to examine our role in creating equity.

Take this quiz by Buzzfeed, which will help identify your privilege. As you take the assessment, you'll likely feel some defensiveness. That's normal and expected. Don't give up just because this is hard to accept and admit. Whether you have a lot of privilege or very little, knowing your privilege will help you grow to become more equitable.

Today, select one or more of the following to read or view:

- [Why It's Important to Think About Privilege — and Why It's Hard – Global Citizen](#) (article)
- [What Is Privilege? - Buzzfeed](#) (video)
- [5 Main Types of Privilege – Hive Learning](#) (article)

Discussion and Pondering Questions:

- How hard was it to take the privilege test? What emotions did you feel? Were you surprised by the results?
- When people talk about privilege do you feel like you're being attacked?
- If you're honest with yourself, how privileged are you? Is it more than you thought?
- How does it feel to face the privilege you have?
- Now that you better understand what privilege is and how it's impacted your life, what do you want to do about it? Is there a way to help bring privilege to other's lives?
- Is privilege a desirable thing?

Don't forget to share your thoughts with your inner circle today! If you post on social media, be sure to use the hashtag *#EquityStartsHereChallenge*