



DAY 3: EQUITY VS EQUALITY

If you've been paying attention to the social justice movements over the last several decades, you'll notice that the demand has changed from equality to equity. Why is that?

Equity Tool puts it simply, "Equality implies that each individual or unit should receive the same. In health, this would translate to all individuals paying the same amount for the same health service, or receiving the same amount of information. However, some groups within a society may have greater need than others. Equity focuses on eliminating differences between groups, when those differences can be addressed."

The push for equity does not mean we no longer want equality for all. Equity is more desirable because it takes into account the nuances of each individual's needs and desires. While equality gives everyone the same things, equity gives everyone what they need.

Today, select one or more of the following to read or watch:

- [Equity and Wealth – Equity Tool](#) (article)
- [Equity vs Equality – Robert Wood Johnson Foundation](#) (video)
- [What is Equity and Why Do Our Children Deserve it? - TEDxCharlottesville](#) (video)

Discussion and Pondering Questions:

- How did you previously define equity?
- How do you define equity now?
- What's one place in your life where you wish you had more equity?
- If you could change one part of your community to be more equitable, what would you change?

Don't forget to share your thoughts with your inner circle today! If you post on social media, be sure to use the hashtag *#EquityStartsHereChallenge*