



Equity Starts Here Challenge

North Carolina Community Action Association

DAY 2: HOUSING

There has been a long history of discrimination and segregation in housing across America. The neighborhood you live in is one of the social determinants of health which impacts your physical, mental and social health. This means that historical housing discrimination automatically puts some people at a health disadvantage. Today, learn more about redlining and racist practices in housing.

Today, select one or more of the following to read or view:

- [A Look At Housing Inequality And Racism In The U.S. - Forbes](#) (article)
- [Housing inequality gets worse as the COVID-19 pandemic is prolonged – Brookings](#) (article)
- [Part 1: What is Redlining? - Polk County Housing Trust Fund](#) (video)
- [A 'Forgotten History' Of How The U.S. Government Segregated America – NPR](#) (article)

Discussion and Pondering Questions:

- What did you learn today?
- Did any of the information surprise you?
- Think of your own upbringing. Were you impacted by redlining? Have you struggled to obtain housing?
- What's one way we could decrease discrimination in housing?

Don't forget to share your thoughts with your inner circle today! If you post on social media, be sure to use the hashtag *#EquityStartsHereChallenge*